

The Lamplighter Christmas Menu 2021 – Food Allergies and Intolerances

DISH	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk / Dairy	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	NOTES
SWEET POTATO & PEPPER SOUP	✓					✓			✓						Can be served GF with GF bread
POTTED MACKEREL	✓			✓			✓					✓			Can be served GF with GF bread
BRIXWORTH PATE	✓						✓					✓			Can be served GF with GF bread / Can be served dairy free without butter
ROAST TURKEY	✓					✓									Can be served GF without stuffing & pigs in blankets
TOPSIDE OF BEEF	✓		✓			✓	✓								Can be served GF with GF yorkshire pudding / Can be served DAIRY & EGG free without the yorkshire pudding
MUSHROOM & NUT WELLINGTON	✓				✓	✓		✓							
SALMON EN CROUTE	✓		✓	✓		✓	✓			✓		✓			
CAULIFLOWER CHEESE	✓						✓			✓					
CHESTNUT STUFFING	✓							✓							
MAPLE PARSNIPS						✓									
ROAST POTATOES						✓									
PIGS IN BLANKETS	✓														
CHRISTMAS PUDDING	✓						✓								GF alternative available / Can be VEGAN without brandy sauce
CHOCOLATE BROWNIE	✓		✓			✓	✓	✓				✓			
SPICED APPLE CRUMBLE	✓					✓									
CHEESEBOARD	✓		✓		✓		✓	✓			✓	✓			Can be served with GF crackers / SULPHITES - can be served without chutney / May contain NUTS - crackers

GF = GLUTEN FREE

Please ensure all food allergies and intolerances are clearly noted on the order form before returning.

We cannot completely guarantee our dishes do not contain traces of nuts or seeds as they are produced in a kitchen that handles these products

Please CLEARLY STATE if any guests require a VEGAN option

Any queries please do not hesitate to contact us at info@thelamplighter.co.uk